

From the Chair.

Well, the bite of winter seems to be easing thankfully as we head into spring, a lovely time of the year. Just a brief update from your Chairman on where the u3a is at this time.

One of the committee's objectives this year is to try and swell the u3a membership, which not only keeps the u3a on a solid financial footing but also opens up the possibility of new and exciting groups starting up. Recent start ups include Spanish Conversation, Crochet & Yarn, Acoustic Guitar and a brand new Quiz group all of which add to the list of wonderful activities available.

The monthly meetings are going from strength to strength, with record numbers of members attending. Keith and Lorraine have again been spoiling us with some wonderful speakers for us all to enjoy.

So please spread the word about our u3a family, all are welcome whether friends, neighbours or family members, so why not ask them to come along for a taster visit to the monthly meeting and hopefully to join once they see what we are all about.

Finally, I want to let you all know the

wonderful job our committee do. They work tirelessly to bring together the marvellous Stowmarket u3a we have today. A big thanks to Peter Dakeyne who pulls this newsletter together, as well as managing our website without which we wouldn't have the communication to our membership we have today.

As always, I am always available if you if you want to make contact with me about anything u3a so please reach out.

John Dickson

Recent Meetings.....Keith & Lorraine Shelton

November:

We welcomed historian Eleonora Gardner, who captivated us with her talk on "Witches, Ghosts, and Demons of the Fens." She transported us to a world where folklore and superstition reigned supreme, casting light on the eerie and fascinating tales that have been passed down through generations in the Fenlands.

Eleonora shared stories that revealed the fears, beliefs, and sometimes surprising behaviours of our Fenland ancestors. Her vivid descriptions made it easy to imagine the shadowy figures and strange happenings that have inspired local legends for centuries.

She reminded us that folklore is more than just spooky stories; it's a window into the past, helping us understand the mind set and values of those who lived here before us. We were all left with a newfound appreciation for the rich tapestry of history, myth, and mystery

that makes the Fens such a unique and intriguing region.

December:

Our December Monthly Meeting was a resounding success, with over 80 members joining us for our festive social gathering. Due to building work, which restricted access to the car park and made transporting and serving a large sit-down meal impractical, we adapted our usual format. We introduced a relaxed and sociable afternoon tea event featuring tea, festive nibbles, a lively quiz, and a free raffle.

Feedback from members was overwhelmingly positive, with many commenting on how much they enjoyed the new style of celebration. The informal nature of the gathering appeared to encourage greater participation and fostered a warm, inclusive atmosphere. Special thanks are

extended to all Committee members and volunteers who contributed their time and effort to ensure the event ran smoothly. Their hard work in setting up, serving refreshments, and coordinating activities was instrumental in making the afternoon so enjoyable. The success of this year's event opens up the opportunity for further discussion about the format of future December meetings. *We welcome any thoughts or suggestions from members as we continue to plan events for our U3A community.*



January:

Stowmarket u3a kicked off the new year on 15th January with a captivating talk by historian and lecturer **Dr. Geoffrey Kay**. His presentation, titled "**Over Paid, Over Sexed and Over Here,**" delved into the fascinating story of the "**Friendly Invasion**" of Great Britain by American military forces during World War II.

Dr. Kay brought to life the unique and



often humorous cultural exchanges between the American GIs and the people of Suffolk. The talk explored how the confident, gum-chewing Yankees

were received by local communities and how their presence left a lasting impression. With anecdotes ranging from the visit of a heavyweight boxing champion to Stowmarket to the lively events in a pub at Haughley Green, Dr. Kay expertly balanced historical insight with entertaining storytelling.

Audience members were taken on a journey back to the 1940s, discovering how this period of cultural clash—and camaraderie—shaped lives and communities in ways still remembered today. Dr. Kay's enthusiasm for his subject and his knack for weaving humour into history ensured the talk was both educational and thoroughly enjoyable.

February:

We were treated to a visually stunning talk by wildlife photographer and conservationist **Barbara Meyer**. Barbara delivered a fascinating presentation titled "**Stories Behind the Photos,**" offering us a



glimpse into the dedication, patience, and passion that lies behind every wildlife image she captures.

Barbara's presentation brought together a stunning array of photographs accompanied by personal anecdotes and behind-the-scenes stories. She captured wildlife's beauty and the challenges of photographing it, from African lions to British foxes. Enduring long waits and unpredictable conditions, she emphasized dedication and conservation, highlighting photography's role in awareness. Members left with a deeper appreciation for nature.

Click [HERE](#) to see more of her pictures...

Once again our Christmas Floral workshop was a most enjoyable occasion. This was our fourth year and continues to be very popular. It was lovely to see so many familiar faces, but also great to welcome a number of new ones.



This year we had a change of venue, Red Gables, which everyone agreed was just the perfect size for this event.

15 ladies, using a beautiful assortment of greenery and decorations, produced some stunning results which would adorn their dining table, front door or

fire place over the festive season.

Well done to everyone who took part and helped to clear away so quickly at the end. A huge thank you also to Keith and Phil who once again kept the drinks, mince pies, sausage rolls etc. coming

throughout the morning.

Looking forward to December 2025, when hopefully we can hold this fun event once more.

Anne Webb

Coming up....

April 16th "Talespinners- East Anglian Storytelling Festival"
Carl Merry and Chris Richardson.

May 21st "Music Hall Memories", A pocket history of Music Hall with songs and monologues. *Bryan Thurlow*

June 18th Outing to 'Audley House', details shortly...

July 16th "Constable – the Artist who could not get arrested" *Kim Smith*

* Full list on the web site 'Meetings' page

There are many links in this Newsletter which provide more information on the topics discussed.

If you are reading the print version and would like to know more, please go to our web site 'Newsletter' tab at

<https://u3astowmarket.org.uk/newsletters/>

where you will find this digital issue (plus many more) and where all the links are live.

Alternately, scan here for the whole site.





Groups Co-ordinator Report

Groups continue to thrive in Stowmarket u3a. Since the last Newsletter, 3 new groups have been formed, plus plans for an additional Walking Group.

Crochet and Yarn has been so popular, they now have a waiting list.

The Acoustic Guitar and Quiz Groups have yet to get going, but numbers are very promising for a start in March. Many members would have tested their

Quiz knowledge at the February Monthly Meeting, when Jim brought some of his questions for members to try.

Venues in Stowmarket are becoming increasingly difficult to find. Ever resourceful, Jim McMillan has booked a Saturday afternoon for his Quiz group. The weekend day does not seem to deter members who love a good Quiz.

A new Walking Group will start in April. Many members enjoy a walk, but prefer a more leisurely pace, so they can stop

to photographs, identify flowers and plants, and generally admire the Suffolk countryside. So far, numbers are looking good.

See below for more details on all the new groups.

As always, a huge Thank You to all the Group Leaders who take time and effort to manage and lead their Group.

Barbara Cutting

groupscoord@u3astowmarket.org.uk

Crochet & Yarn (New)

Our group has made a good start! Our first meeting held on Thursday 16th January at **Red Gables** Garden room went very well with 11 members attending - we like the venue.

For the time being we'll stick with this arrangement on the 3rd Thursday of the month. I've had several more enquiries from people wishing to join and numbers are mounting up so, unfortunately, I've had to put a few people on a waiting list. I hope to see if Red Gables will let me have the bigger room by swapping with a smaller craft group that Red Gables themselves run. So it's a case of watch this space!

Elaine Bailey 07950 690 888

Acoustic Guitar (New)

I'm endeavouring to set up an acoustic guitar group for a strum, a song, and a cuppa—mainly for fun, but with a chance to improve and sound good too!

All levels welcome, from novice to advanced, with songs spanning folk, ballad, country, pop, rock, and more.

Details on venue, frequency, and cost will follow based on interest. If you have an acoustic guitar, know a few chords and want to join, please contact:

Steve Sharp 07780 371429
stevesharp2002@msn.com

Quiz Group (New)

When I retired, I joined Sudbury u3a and was Quizmaster there for a number of years and later helped to get the Blackbourne u3a quiz group up and running.

Over the years, I have provided the questions for more than 60 quizzes for the u3a and I still provide the questions for some Blackbourne quizzes. For the last few years, I have also provided the questions for the Haughley Church quiz.

I do try to come up with some original questions, but I must admit I also pinch a lot from television (not University Challenge!), newspapers, the internet, pub quizzes and quiz books.

For u3a quizzes, I find that teams of 3 or 4 work best. 6 players would be a committee! At Sudbury and Blackbourne teams mark their own answers, as everyone in the u3a is honest! A small prize is awarded to each member of the winning team.

Red Gables seems the best place to hold a quiz but because of its popularity weekdays are heavily booked. I am going to try and hold a quiz on **Saturday** afternoons, on the **second** Saturday of the month from 2.15 pm to 4.00 pm.

There will be a break for tea or coffee and the cost of hiring the venue will be shared between those attending.

So, what's so good about a quiz?

It gives us a chance to meet and talk with others, it helps to keep our minds active, and to stay sharp!

We got off to a fantastic start on 8th March! Some 21 members had a lot of fun and expressed their appreciation accordingly.....

Jim McMillan

01359 245 219

Stand & Stare Walking (New)

We all learnt the poem at school, and now we do "have time to stand and stare"!

This new Walking Group will be for walkers who enjoy a walk but also like to take time to enjoy the surroundings. Time to take photographs, identify plants and maybe identify bird song.

Walks will be about 3 miles long and will include some town trails, river paths as well as woodland areas.

The pace will depend on the walkers and how many times we stop. Modern technology enables us to identify plants etc, and even birdsong. Some walkers may already have Apps, if not, maybe we can check them out?

In the warmer weather, we may decide to take a picnic to finish our walk. There maybe a coffee shop, but we don't plan to book anything specifically. As walks may be through woodland areas, a flask will probably be best!

Glenda Taylor & Barbara Cutting

WALK AND TALK. Winter 2024/25

Walk and Talk continues to enjoy the variety that the Suffolk countryside provides, whilst still managing to find welcoming pubs where our group can socialise and enjoy great food.

November. We started the month with a circular walk starting in **Eye** and going out to **Braiseworth**. En-route we visited the church of St Peter and St Paul in Eye where in 2024 the church had an internal restoration programme which lasted 3 months and looks stunning. The walk also took us past Braiseworth Church, which in contrast was a ruin with sheep grazing in the churchyard.

The second walk this month was from **Great Finborough to Harleston**, passing close to Finborough Golf course, the school and the grave of broadcaster John Peel.

December. Only one walk this month, which was a short one around Mendlesham, before going to Anne and Phil's for a Bring and Share Christmas Party, with lunch and a quiz. A big thank you to all who made it a great success.

January. It's customary for the first walk in the new year to be on firm ground in an attempt to beat the mud.

Woodbridge was this year's choice walking along the River Deben and then through the town taking in both historical and other interesting sights.

Redgrave was our next walk, across open countryside and higher ground than normal providing great views. Although we have walked in this area before, going east of the village was something completely new to us.

February. Starting in **Forward Green** this walk was on our doorstep. Undulating countryside provided a

changing landscape with views of imposing houses interspersed with buildings supporting light industries. We visited interesting churches both in Little Stonham and Earl Stonham.

Bottesdale was the starting point for our second walk of the month. It was a circular walk via Redgrave but from a totally different direction to our previous one in January. Undulating with a strong wind it provided a good appetite for lunch at the Bell.

A big welcome to all our new members who we hope are enjoying Walking and Talking with us. Also a big thank you to all of those who have stepped forward to organise and lead walks, without whom it would be difficult to keep putting our best feet forward.

Phil and Keith.

Some pictures from **Glenda.....**



Spanish Conversation

Our group is going very well and we are enjoying improving our Spanish. We are a friendly, mixed ability group, with beginners and those that are a little more advanced. We are aiming at becoming more confident in

actually speaking to each other in Spanish.

There is still room for more people so feel free to send me an email if you would like to find out more, on.....

nanceroo2@gmail.com , or

phone 07856 584 176

**Nancy
Dickson**



From the Aviation Group

This is an article from the aviation group describing the **Overture Supersonic** commercial aircraft.

Boom Supersonic, based in Denver, Colorado is building **Overture**, the next generation of supersonic commercial aircraft. Scheduled to begin passenger service in 2029, Overture will cut transatlantic travel time significantly, flying from New York to London in just 3.5 hours, which is similar to the iconic Concorde. Production of the aircraft is taking place at Boom's new facility in Greensboro, North Carolina, which opened in June 2024. The factory is set to produce 33 aircraft annually. Among Boom's major customers, American Airlines, United Airlines, and Japan Airlines have each placed orders for 20 Overture jets, with an option to purchase 20 more.

Supporting Overture's development is the XB-1, also known as '**Baby Boom**,' a

supersonic demonstrator designed to evaluate the advanced technologies that will power Overture. Baby Boom plays a key role in proving critical aspects like aerodynamics, engine performance, materials and flight control systems. On 28 Jan 2025, the XB-1 made its first supersonic flight accompanied by a T-38 chase plane that captured the event on camera. The flight was live streamed for a global audience, with retired British Airways **Concorde Chief Pilot Mike Bannister** providing expert commentary.

Captain Bannister, a veteran of supersonic aviation, later had the chance to experience Overture's flight deck simulator at the 2024 Farnborough International Air show. Reflecting on his experience, Bannister expressed his confidence in the aircraft, calling Overture the rightful successor to Concorde. "The flight deck is incredibly well-designed and delightful to fly," he said. "My excitement and enthusiasm



for Overture have only grown stronger after seeing how thoughtfully the aircraft is built."

Bannister's praise, coming from someone with deep expertise in supersonic flight, reinforces Overture's potential to transform commercial aviation. His endorsement highlights the innovative design and user-friendly systems that aim to make Overture a ground breaking step forward in high-speed travel.

Follow this [LINK](#) to get a lot more information, including videos, from Mike Bannister

Don Mobley

Sunday Lunch Club

The Sunday Lunch Club continues to meet every month. We have tried several venues previously not visited - with mixed results. **The Lindsey Rose** in Lindsey was very favourable, good food and nice pub. Equally, the **Cretingham Bell in Cretingham**. That was our most recent lunch and our second visit there since last summer. Very good in all respects. Great food, nice ambience and attentive service. We will revisit.

Not so successful was **The Victoria** in Earl Soham. Our first visit last summer was decent, but recently the food failed to please for most of us. The pub was super busy, the kitchen a bit overwhelmed. However, I revisited during the week when there wasn't anyone there and the food was very tasty. **The Bull in Woolpit** is on the schedule.

Our Christmas outing was at the **Chestnut Horse in Great Finborough**, two years running, enjoyed by all.

We have added some new members and lost a few as well. Feel free to join us any time. There is lots of chatter, and rides are always available for those requiring transportation.

Please feel free to contact us.

Val Fazzari vafazzari@yahoo.com

Liz Power elisabethz252@gmail.com

Singing Group

The u3a Singing Group has continued to increase in numbers this year, and we're always delighted to welcome new members.

We continue to meet on the first and third Monday of each month at The Salvation Army Hall at 2pm.

No doubt members will have heard how research shows that belonging to a group is really good for our long term health. Also, singing has been shown to improve mental health. Both of which are really important if we want to 'age well'.

The members of the Singing group are friendly and welcoming. In addition to the regular singing sessions we meet every so often for afternoon tea or a meal together, which helps to build closer relationships between us.

One member pointed out "*If you like to sing but don't have the confidence or inclination to join a traditional choir this is the group for you*". We sing a wide range of songs from sea shanties to folk songs, musicals and popular songs from the past. The group is friendly, welcoming and uncritical but above all good fun!

Another member said "*I can only reiterate that it's one of the joys of my life. The singing is always uplifting, and I enjoy the camaraderie, teasing and joking too*".

If you think this group might be for you - don't hesitate - either just turn up at our next meeting or call **Hilary** on 07842189794

Play Reading – Virtual

The group continues to meet twice a month on the 2nd and 4th Monday, 11.00 am – 12.00 noon.

Following reading “The Governor’s Lady” by Peter Mercer,” Friday the 13th” by Jean-Pierre Martinez, “Cheaters” by Jean-Pierre Martinez, “The Admirable Crichton” by J.M.Barrie adapted by David Jacklin, “Family Tree” by Jean-Pierre Martinez in March we will commence reading “The Seagull” by Anton Chekov.

I anticipate that the Play Reading Group will continue as a Virtual Group for the foreseeable future. If anyone is interested in joining the Virtual Group, please contact me.

Anyone interested in joining the Group once we return to live meetings, please contact me and I will keep you informed when the situation changes.

Maureen Wingham-Eaton

Tel: 01449 771200 – email:

Maureen.wingham@mwmedia.uk.com

Discussion Group.

We continues to meet at a member’s house every 2nd Tuesday of the month from 10.00 – 12.00pm.

Recent topics have been Morality and how it differs from ethics; Technology and its impact on our daily lives; how Christmas has changed in our lifetime including the commercialization and loss of religious meaning; the rise of Vegetarianism.

There is always something in current

Photography.

We continue to meet on line every month. Recent topics explored are ‘Natural History’, ‘People’, ‘Not what it seems’ and in February, ‘Inside’.

We are always impressed by the various interpretations of a particular topic.

Whilst not in our main raison d’être, of late we have been experimenting

events we can discuss or we’ll look further afield. Our next topic is Brainwashing. Are voters being brainwashed by the politicians? Are you being brainwashed at work or by advertisers? All topics are open for discussion except politics and religion.

If there’s something you would like to discuss feel free to come along or to contact me if you have any questions. It’s all very informal, not too serious and there’s always a cup of tea/coffee on offer.

Liz Power elisabethz252@gmail.com

Gardens & Things (G&T)

Our first outing this Spring will be to **Pakenham Water Mill**, voted as one of the best landmark sites by BBC Countryfile magazine. It is the oldest surviving flour mill in Suffolk and is still operating. Signup will be at the monthly meetings held at the URC, or contact us at the email addresses below. The trip is scheduled for **April 17**. If you are interested please advise at your earliest convenience.

Additional outings may include **Walking Through the History of the Waterfront** in Ipswich (note that this would be on Friday 15 August, the only day it is offered); the **Masters of the Air Tour in Bury St Edmunds**. A visit to **Bletchley Park** is also on the schedule.

Our last trip of the season in 2024 was to **Gainsborough House in Sudbury**. The museum re-opened to the public in November 2022 after a massive refurbishment. It is a highly recommended venue and has a nice indoor/outdoor cafe.

with AI generated pictures, and getting some amazing results! So much so that, after quite some discussion (!) we decided to devote the whole of our **March** session to an **‘AI Special’** - *strictly as a one off*.

Hopefully, you’ll see some of the results in the next Newsletter.

It’s a lot of fun and can be quite addictive. If you want to try it yourself

Please contact either of us if you have any questions.

Val Fazzari / Liz Power

Italian Conversation.

The group is currently thriving with five members who meet regularly on alternate Wednesdays.

Everyone has an interest in the Italian language and culture and everyone has reached a level of spoken Italian which enables us to converse fairly freely, learn from each other, swap news and ideas and occasionally dip into ‘Corriere Della Sera’ (Italian newspaper) to read and listen to articles about the world from the perspective of another European country.

We also use an intermediate level book, with some recorded passages. The emphasis is on getting to know each other as friends, through our common interest, while building on our existing skills.

Pam Lore 07784 540 419

Table Tennis

Over the winter, we’ve lost a few and gained a few members, now stabilised at 25. We play every other week at the St Peter’s Church Hall in Stowmarket.

We can always accommodate more players. Qualification to join—be a Stowmarket u3a member! You will be made very welcome *irrespective of past experience*

Get all the details from our information sheet on the web site [HERE](#).

Peter Dakeyne 01449 781 562

there’s no programme to download, just go to the [Microsoft Designer](#) page and have a go.....

Have a look at some of our some of our **‘Natural History’** pictures on the next page.

Make sure to visit our [website](#) gallery where examples of all our pictures since we started the group in 2013 are displayed.

Peter Dakeyne





Appeal from the editor...

I've been looking after the Newsletter in its present form since 2014 (39 issues and counting!) and been webmaster since inception in 2008.

Whilst I'm not planning to relinquish either at the moment, I'm now getting rather long in the tooth and it's time to start some succession planning.

I prepare the Newsletter in Microsoft Publisher before converting into separate PDFs for print and email. If there is anyone out there who has experience of 'Publisher' or who would like to learn, I would like to hear from you!

The website, www.u3astowmarket.org.uk is built on wordpress.com (not wordpress.org which is different in many ways) and it's designed to be a historical record of Stowmarket u3a's activities since 2008 as well as an up to date information source for present and upcoming events.

The Newsletter and web site come together, [HERE](#) with the record of all newsletters back to 1990! Again, If what you see on the website inspires you to have a go or have ideas how it can be improved, please let me know.

Peter Dakeyne, newseditor@u3astowmarket.org.uk or on 01449 781 562.

Learning Events

Just to remind you that u3a members can join a wide range of online talks, workshops and courses for free with their membership!?

You can join a variety of free online talks, workshops, and courses, many led by fellow members, plus in-person events at venues like the Royal Institution.

A full list of current talks/meetings can

always be found by following this [LINK](#). Just click on any of the pictures for information and reserve a spot via Eventbrite.

While you are there, look out for **Don Mobley's** talk on **April 1st**. 'Flight Inspirations: Stealth Aviation'.

Here's the [LINK](#) to find out more and book the event.

Or, perhaps, one of these may interest you? 'Smart Tech for Older and Disabled

People', 'Using the web to learn something new' and 'How AI can save you hours when researching your family history'.

There are some '[How to Guides](#)' for using Zoom (and many other platforms) if you are unfamiliar with video conferencing. Don't forget u3a also runs many [projects, initiatives and competitions](#) available for all members to get involved in too.

ACOUSTIC GUITAR (New) Steve Sharp 07780 371 429	Monthly: 4 th Tuesday 10.00am – 12.00 noon	ITALIAN CONVERSATION Pam Lore 07784 540 419	Alternate Wednesdays 2.00pm – 4.00pm
AVIATION Don Mobley 07398 300 952	Monthly: 3 rd Thursday 2.00pm	LUNCH CLUB (Sunday) Liz Power 07799 761 336 Val Fazzari 07720 391 443	Monthly: 3 rd Sunday By arrangement
BOOK CLUB Sylvia Downs 01449 612 661	Monthly: 4 th Thursday 2.30pm	## MUSIC – various Ian Hooper 01449 770 179	2/Month: 2 nd , 4 th Tuesdays 10.00am – 12.30pm
BRIDGE INTERMEDIATE/IMPROVERS John Hunter 0783 2063 550	Weekly: Friday 2.00pm - 5.00pm	PATCHWORK Jean Roche 01449 675 984	Monthly: 4 th Wednesday 2.00pm
CAKE WALK (Short walk) Robert & Anna Bradshaw 01449 745 829	Monthly: Last Friday	PHOTOGRAPHY (Video Conference) Peter Dakeyne 01449 781 562	Monthly: 3 rd Tuesday 3.00pm – 5.00pm
CANASTA (1) Hazel Burl 01449 615 581	Weekly: Wednesday. 10.00am – 12.00 noon	PLAY READING (Video Conference) Maureen Wingham-Eaton 01449 771 200	2/Month: 2 nd , 4 th Mondays 11.00am – 12 noon
CANASTA (2) Carol Gibson 07918 743 154	Weekly: Tuesday 2.00pm – 5.00pm	POETRY READING Hilary Plummer 07506 761 199	Monthly: 4 th Thursday 2.00pm
COMPUTING & TECHNOLOGY Peter Dakeyne 01449 781 562	WhatsApp Q&A Group only	QUIZ (New) Jim McMillan 01359 245 219	Monthly: 2 nd Saturday 2.15pm - 4.00pm
CROCHET & YARN (New) Elaine Bailey 01449 677 206	Monthly: 3 rd Thursday 10.30am - 12.30pm	SCRABBLE (Bacton) Zena Dakeyne 07542 945 725	2/Month: 2 nd , 4 th Wednesday 2.00pm
DISCUSSION Liz Power 07799 761 336	Monthly: 2 nd Tuesday 10.00am	SINGING Hilary Foster 07842 189 794	2/Month: 1 st , 3 rd Mondays 2.00pm – 3.30pm
FRENCH CONVERSATION (1) Helen Mead 07827 814 819	Alternate Tuesdays 10.00am - 12 noon	SPANISH CONVERSATION Nancy Dickson 07856 584 176	Alternate Tuesdays 10am – 12.00pm
FRENCH CONVERSATION (2) Helen Mead 07827 814 819	Alternate Wednesdays 10.30am - 12.30pm	TABLE TENNIS Peter Dakeyne 01449 781 562	Alternate Mondays 2.00pm – 3.30pm
GARDENS & THINGS Liz Power 07799 761 336 Val Fazzari 07720 391 443	Monthly: 3 rd Thursday 9.30am (variable)	WALK and TALK (Longer walks) Phil Webb 01449 614 616 Keith Shelton 01449 768 744	2/Month: 1 st , 3 rd Fridays 9.30am (variable)
GEOLOGY Linda Reynolds 07880 516 926 Roger Crouch 07925 262 742	Monthly: 3 rd Tuesday 2.00pm	## WALKING TENNIS Robin Loxley 07896 543 642	Mondays 1.30 pm
HISTORY Keith & Lorraine Shelton 01449 768 744	Monthly: 1 st Wednesday 2.00pm – 4.00pm	## For information only. Whilst open to u3a members others can join so these are not authorised u3a groups and carry no u3a benefits	

Stowmarket u3a Committee Members 2024/2025



John Dickson Neil Instrall Robert Bradshaw Barbara Cutting Nancy Dickson Glenda Taylor
Jackie Durrant Anne Weedon Keith Shelton Stew Dorward Barbara Gort Mike Taylor

Chair	John Dickson	07976 541 021	chair@u3astowmarket.org.uk
Vice Chair	Jackie Durrant	01449 672 690	vicechair@u3astowmarket.org.uk
Secretary	Neil Instrall	01359 352 104	secretary@u3astowmarket.org.uk
Treasurer (+ Beacon Admin)	Ann Weedon	01449 771 947	treasurer@u3astowmarket.org.uk
Membership Secretary	Robert Bradshaw	01449 745 829	membership@u3astowmarket.org.uk
Programme Organiser	Keith Shelton	01449 768 744	programme@u3astowmarket.org.uk
Groups Coordinator	Barbara Cutting	01449 615 346	groupscoord@u3astowmarket.org.uk
Committee Members	Stew Dorward	01449 774 213	
	Nancy Dickson	07856 584 176	
	Barbara Gort	01473 834 027	
	Glenda Taylor	07549 167 313	
	Mike Taylor	01449 678 638	

Editor/Webmaster Peter Dakeyne 01449 781 562 newseditor@u3astowmarket.org.uk

Next Issue July 2025 **Last date for copy** 30/06/2025

www.u3astowmarket.org.uk